

SOUL MOTION™

conscious dance practice
with Yukiko Amaya

**FREE
INTRO SESSION**

**Middleburg
Community Center**

OCT. 14, 2014

6:15pm - 7:45pm



WANT TO BE STRESS FREE, RADIANT AND PRESENT?

- Free your body from the inside out - move and dance into wholeness
- Relax and open your mind and heart - embrace the power of presence
- Find your radiant center - bring more ease and joy to all your relationships

FREE INTRO TO SOUL MOTION™ DANCE EXPERIENCE

A free evening of Soul Motion™ talk and experience with Yukiko. Enter drawing for free classes.

Tuesday, Oct. 14, 2014 6:15pm - 7:45pm

Middleburg Community Center - downstairs activity room

FALL SOUL MOTION™ CLASS SERIES at Middleburg Community Center

Tuesdays, Oct. 21 - Dec. 9 6:15pm - 7:45pm

COST: drop in class - \$20; special 7 class package - \$117

TO SIGN UP: call Yukiko at 310-866-2476 or email topazsea@mac.com

YUKIKO AMAYA loves to play and dive deep, exploring what it is to be alive in this human body. She is a certified Soul Motion™ (designed by Arjuna Vinn Marti) teacher, yoga and meditation teacher, DNA Theta Healer, Spiritual Life Coach, and Healing by Subtraction™ energy healer.

Visit www.SundariSacredArts.com for more info.

