

# Soul Motion™ Workshop

## “PRESENCE”

with Yukiko Amaya

Saturday, June 22, 2013      2pm – 6pm  
Electric Lodge: 1416 Electric Ave., Venice, CA

**PRESENCE:** to be present in this moment; to be spaciousness and relaxed enough to fully embody what is, now; to completely inhabit one's own being physically, energetically, emotionally, mentally, spiritually; to sense the divine in all beings; to be alive and love, to embrace life and receive love; to see and hear what is truly before us, around us, with us; to be totally available in each moment; to be in the dance, with the dance, to dance and be danced. Come join the revolution and open to Presence.

Soul Motion™ designed by Vinn Martí, is a conscious dance and movement practice. No prior dance experience is necessary. The dance evolves from within you, through deep listening to breath, to heartbeat, to the flow of energy that moves within, through, around and beyond our mental constructs and habitual borders. Tap into the vast reservoir of energy and intelligence available in the world. You are a fluid work of live art in the making, in a fluid world of myriad, creative expressions.....

Yukiko Amaya is a certified Soul Motion™ teacher, yoga and meditation teacher, spiritual life coach, and energetic healer. She leads highly acclaimed workshops in the U.S. and abroad, sharing her passion for breaking out of the habitual mold into a more holistic view of life and relaxed surrender to what is.

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COST: \$65 (register and pay by June 15 for early bird price of \$55)

[www.SundariSacredArts.com](http://www.SundariSacredArts.com)

